

## "MOTHER STUART," BEST BREAD BAKER IN OHIO, TELLS HOW TO MAKE GOOD BREAD

(EDITOR'S NOTE—Mrs. Stuart has just won the bread-baking prize at the Ohio state fair. She is 70 years old, and lives on a farm. She has a reputation as a fine all-around cook. After getting her blue ribbon, she drove home alone—45 miles.)

By Mrs. Mary Stuart.

It takes years of experimenting to make a good bread baker. Lots of women using the same recipe and following the same general method don't get the same results at all. But that's because they don't do it EXACTLY RIGHT.

If the recipe is good, all you've got to do is to experiment till you learn just how to apply it, and then baking good bread will become second nature to you. I don't think I could spoil a batch of bread if I tried.

Here's the way I make it: To make five loaves, I peel three small potatoes and boil them in about two quarts of water with a tablespoon of salt, one of sugar and one of flour. When the potatoes are cooked, I mash them very fine, and when the mixture is blood-warm I break a cake of yeast in it.

I let this stand over night. Next morning I mix it with the flour, and let the dough stand till it has doubled in size. Then I knead it stiff and



Mrs. Stuart.

place it in the pans.

I don't set any special time for baking the loaves—I just bake them till they're done.

Now, it stands to reason that any woman who goes at it intelligently can learn by this method to bake just as good bread as I can. But it takes patience and careful observation, so you can know just what your mistakes have been, and avoid them next time.

It may take several years—but when you finally learn the secret, you've got it for your whole lifetime.

## BREAD AND WATER FOR WIFE DESERTERS

We're not sure that a judge in Milwaukee hasn't found part of the cure for the philanderings of amatory married men.

A chap with a wife and small child ran away with a comely single woman, as Diggs did. He, too, crossed the state line, but they didn't get after him under the Mann act—the Wisconsin law was ample. Spite of his wife's tearful pleas, the court imposed a six months' sentence, to be followed by an 18 months' probation, and ordered that for the first week of the sentence the eloper should be fed on bread and water.

This treatment isn't ideal, we admit. It is cruel toward the wife, whom it robs of support; and Wisconsin would do well to copy Ohio's new law, which puts wife deserters to work and turns their earnings over to the wives.

But that bread-and-water feature strikes us as an inspiration. Guess it'll cool the man's erring ardor as quick as anything.